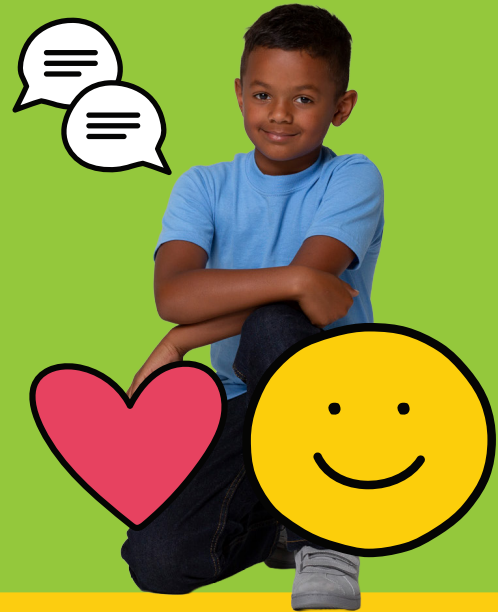


Start the Conversation Today!



Starting the conversation with kids can help build a habit of trust and keep communication open. This way, when tougher topics come up, they'll know they have a safe, trusted adult to turn to.

**Take a moment
now to start!**

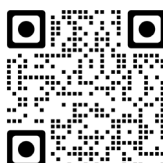
Ask a question, start the conversation, and see where it leads.
Not sure what to ask? Try one of these conversation starters!

- What is something you are really good at that I might not know about?
- What is your favorite family tradition?
- What are you watching or listening to right now? Teach me about your favorite internet trend or music.
- What is the hardest part about being your age right now?
- What is something you are looking forward to right now?
- What is your favorite thing about yourself?

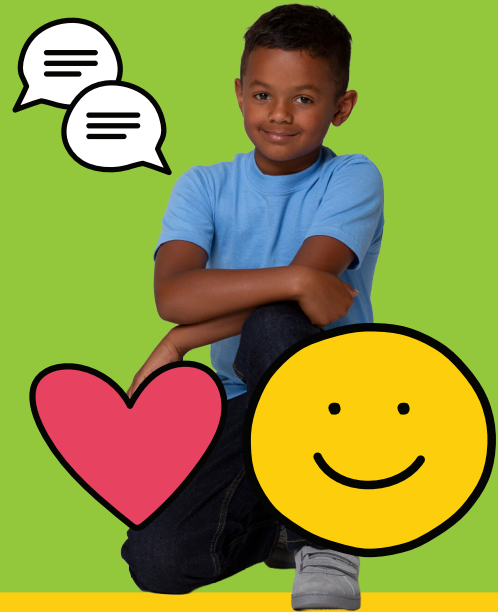


**Want to continue
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Scan the QR Code for even more conversation starters!



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Ask a question, start the conversation, and see where it leads.
Not sure what to ask? Try one of these conversation starters!

- What was the funniest things my parents did growing up?
- When you were younger, what did you want to be when you grew up?
- What is your favorite meal? Can we make it together?
- In what ways has the world changed since you were a kid?
- What is a tradition that you would like me to keep going?
- Tell me one of your happiest moments.



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