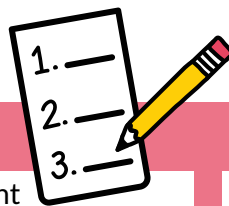


Setting Goals



Check In

What do you want to accomplish?

Why is this important to you?

How can others support you in the process of coming up with a goal?

Consider

Do you need to break your goal into small steps? Why or why not?

How will you measure your progress?

When do you want to reach your goal?

Challenges

What obstacles may stop you from reaching your goal?

What will you do if you hit a challenge?

Who can support you if you need assistance?

My SMART Goal Is: