

# MY \_\_\_\_\_ ROUTINE CHECKLIST

**Set yourself up for success by making your routine fun!**

Fill in the blanks to create a checklist that you can follow daily or nightly! Encourage your child to check the box when they complete each activity. At the end of the week, give them a simple reward such as their favorite food or extra screen time!

  
  
  
  
  
  
  
  
  

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