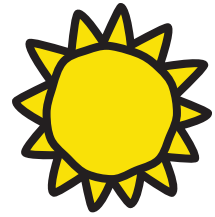


# Summer Boredom Busters for Kids



Beat summer boredom with our list of ideas for indoor, outdoor and learning activities. Try to check off at least one activity every day during the summer!

Share your activities with us, and any new ideas you have, by using [#OnOurSleeves](#) on social media.

## Indoor Activities

1. Play hide and seek.
2. Build a fort out of pillows and blankets.
3. Bake something as a family.
4. Rent a movie from the library.
5. Read a book to siblings or loved ones.
6. Play a board game.
7. Make play dough sculptures.
8. Send a card to your grandparents or a special friend.
9. Write a poem.
10. Put on a puppet show.

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## Outdoor Activities

1. Draw with sidewalk chalk.
2. Camp out in your backyard.
3. Build a bird feeder.
4. Plant and tend a garden.
5. Play a sports game, like baseball, soccer or basketball.
6. Blow bubbles.
7. Go for a bike or scooter ride. Remember to always wear your helmet!
8. Read a book under the stars with a flashlight.
9. Have a picnic in your backyard.
10. Take a family walk.

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## Learning Activities

1. Start a daily journal.
2. Go bird watching.
3. Study different types of clouds.
4. Volunteer.
5. Create your own game.
6. Look for animal tracks.
7. Identify different types of plants.
8. Make a sun catcher.
9. Read three new books this summer.
10. Find constellations of stars in the sky.